



iF charity

# In Action Report

## 2024-25



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Charity Registration Number: 1095626



Since 2002, iF Charity has been working with its partners to support Palestinians through a variety of relief and development programmes. The charity aims to further empower the people of Gaza in their efforts to build strong and resilient communities through poverty relief, education, community development and medical aid.

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# Chairman's Message

## A Year of Resilience and Compassion

During the years of 2024 and 2025 we have all witnessed the near-total destruction of Gaza. Israel's relentless war against Gaza has resulted in an unprecedented humanitarian catastrophe. According to United Nations and humanitarian agency reports and estimates, at a minimum, **more than 60,000 Palestinians, including over 18,000 children, have been killed, and more than 169,000 injured. Over 90% of Gaza's buildings have been damaged or destroyed**, leaving millions displaced and entire neighbourhoods erased. The humanitarian impact is staggering.

Famine was confirmed in August 2025, with over half a million people facing starvation and **nearly all households lack access to clean water** or adequate sanitation. **Only 14 of 36 hospitals remain partially functional**, and trauma, malnutrition, and disease are widespread among children and the elderly.

Reflecting on the years 2024 & 2025, I am struck by a profound sense of both the immense hardship witnessed in Gaza and the incredible light provided by your unwavering support. This report, iF in Action 2024/2025, is more than a summary of logistics; it is a testament to what we can achieve together when we refuse to look away from suffering.

The past twelve months have been among the most challenging in our history. We have navigated a landscape of widespread destruction, displaced families living in fragile tents, and the looming shadow of famine. Yet, because of you, iF Charity was there at every turn.

## Restoring Dignity Through Choice

One of our proudest milestones this year was our Food Voucher programme during Ramadan. We believe that even in the depths of a crisis, dignity is not a luxury. By moving away from standard parcels and allowing families to choose their own essentials at local shops, we restored a sense of agency and supported the local economy. Whether it was a mother choosing specific baby formula or a father picking out fresh produce, your donations provided the "act of choice," which meant everything to those who had lost so much.

## Healing and Education

Our commitment extended beyond immediate hunger. Through our Education Reborn initiative, we worked to ensure that war would not rob a generation of their future. From restoring water and sanitation at Al-Irfan School in August to providing stationery and psychological support in tented camps, we have focused on rebuilding the structures of a “normal” childhood.

## Standing Together Through the Seasons

As the year closed, your generosity met the “cruel” arrival of winter. From distributing plastic sheets to protect families in Khan Younis from heavy rainfall to providing warm clothes and blankets for children, you offered a vital layer of protection against the elements.

## Key Impacts You Made Possible in 2025:

- 1. Nutrition:** Thousands of hot meals through “Kitchens of Hope” and tinned Qurbani meat delivered during Eid.
- 2. Health:** Essential hygiene kits and nappies for Gaza’s youngest survivors.
- 3. Water:** Repairing desalination units to provide safe drinking water for over 1,000 people daily, including orphans.
- 4. Joy:** New Eid clothes and hampers for injured children, bringing rare moments of smiles and laughter to those who have endured far too much.

There is still a long way to go until everyone in Gaza is safe and fed. However, this report proves that your support delivers more than just aid: it delivers hope, health, and the reminder that the people of Gaza have not been forgotten.

Throughout 2024 & 2025, we continued to deliver essential relief, food, water, hygiene kits and shelter in the face of immense danger and logistical blockade. Yet humanitarian action alone cannot heal the scale of loss or restore dignity to those who have endured such destruction. We renew our call for an immediate end to the war, unrestricted humanitarian access, and protection for civilians under international law.

The people of Gaza deserve peace, justice, and the opportunity to rebuild their lives. On behalf of our trustees, staff, and partners, we extend profound gratitude to our donors and supporters. Your compassion has sustained lives and hope amid overwhelming tragedy.

From the bottom of my heart, and on behalf of every family whose life you touched this year, thank you for standing with us.

In solidarity and gratitude,



Abdessamed El Haouari, Chairman



NOVEMBER- DECEMBER 2025

# Surviving Winter, Healing from War

As winter approached, Gazans faced a daily struggle against the elements while living in fragile tents. Although we provided plastic sheets to offer some protection, these represented only a small fraction of the hundreds of families who remained in need of support before the winter temperatures dropped.

In November 2025, our team completed a distribution of plastic sheets to displaced families in Khan Younis. This intervention served to mitigate the hardships brought on by heavy rainfall and high winds.

In Gaza, winter was brutal. Families sheltered in torn tents, facing long nights of cold with no heaters or warm bedding. With your support, we delivered blankets that offered warmth, dignity, and a bit of comfort to those who had nothing.

In December, winter in Gaza was cruel. Families were cold and hungry. Your support delivered fresh vegetables, warmth, and hope. Every meal mattered. You helped us keep Gaza fed that winter.

With generous support from our donors, we distributed food parcels in North Gaza, providing families with essential supplies to help them through these challenging times.





NOVEMBER 2025

# Protecting Gaza's Children: Winter Clothes

During the winter of 2025, iF Charity worked to bring warmth and comfort to vulnerable children in Gaza. These children continued to face gruelling living conditions resulting from widespread displacement and severely damaged infrastructure.

As temperatures dropped throughout the season, many families struggled to provide their children with even the most basic protective clothing. To address this crisis, the project:

- Provided essential winter clothes to ensure children remained warm and safe.
- Offered physical comfort to those living in exposed or makeshift shelters.
- Delivered a sense of relief and hope to families navigating incredibly difficult times.

By equipping these children with the gear they needed to withstand the cold, the initiative provided a vital layer of protection during a harsh winter.





NOVEMBER 2025

# Fresh Bread for Displaced Families

In November 2025, as Gaza continued to recover under a fragile ceasefire, the struggle to meet basic daily needs remained immense. In Khan Younis City, hundreds of thousands of displaced families who lost their homes and livelihoods are still depending on humanitarian assistance for survival.

During November 2025 IF Charity continued distributing freshly baked bread in the city, ensuring that families have access to one of Gaza's most essential and beloved foods.

Bread has always been a cornerstone of the Palestinian table. Yet with bakeries destroyed, scarce flour supplies, and limited access to clean water, even this simple staple has become difficult to secure. Through your generous support, our team has been able to bake and distribute thousands of loaves to displaced families, providing both nourishment and comfort to those who have endured months of hunger and uncertainty.

This project also supports local resilience. By partnering with community bakeries and employing local men and women, your donations are not only feeding families but also creating vital work opportunities in a time of economic collapse. Each loaf of bread represents both relief and renewal; a sign that, even amid hardship, hope and dignity can rise again.





OCTOBER 2025

# Hygiene Kits for Displaced Families

With your generosity, IF Charity's field team was able to reach hundreds of displaced families sheltering in Khan Younis, south of the Gaza Strip, in October 2025. While the pause in fighting had offered a brief respite, living conditions remained dire: overcrowded shelters, limited water, and growing health risks. To help families protect themselves and maintain dignity, we distributed hundreds of hygiene kits filled with essential items.

Each kit contained soap, shampoo, detergent, tissues, and sanitary pads; basic necessities that many had gone without for months. Access to hygiene supplies is crucial for preventing disease, particularly in temporary shelters where access to clean water and sanitation facilities are scarce.

Our team worked with local volunteers to ensure distributions were conducted safely, fairly, and with care for every family's needs. Thanks to your help, these kits are helping families reclaim a sense of wellbeing and cleanliness amid difficult circumstances. While the ceasefire brings some relief, the humanitarian situation in Gaza remains fragile. Your continued support allows IF Charity to stand by Gaza's people; delivering dignity, health, and hope where it is needed most.





OCTOBER 2025

# Hot Meals for Gaza

After months of unimaginable hardship, Gaza's families finally began to feel a moment of relief in October 2025. The tentative ceasefire at that time had allowed aid to flow more steadily into the Gaza Strip, bringing essential supplies and a glimpse of hope. Among the first projects we resumed was IF Charity's hot meal distribution, providing warm, nourishing food to families who had gone weeks without a proper meal.

Across temporary shelters and community kitchens, the smell of cooked rice and lentils once again fills the air. For families who have endured days of hunger and displacement, these hot meals are a blessing; restoring strength, warmth, and a sense of normality. Children line up with eager faces, and parents express quiet gratitude for a simple but powerful act of care.

With your continued support, our team is working tirelessly to deliver meals across the most affected areas of Gaza. Each plate of food brings not only nourishment but dignity and hope, reminding families that they have not been forgotten.

It's still a long way to go until everyone in Gaza has enough food, but we are hopeful. Our team has successfully fed hundreds of families in those past few weeks in October and November 2025.





OCTOBER 2025

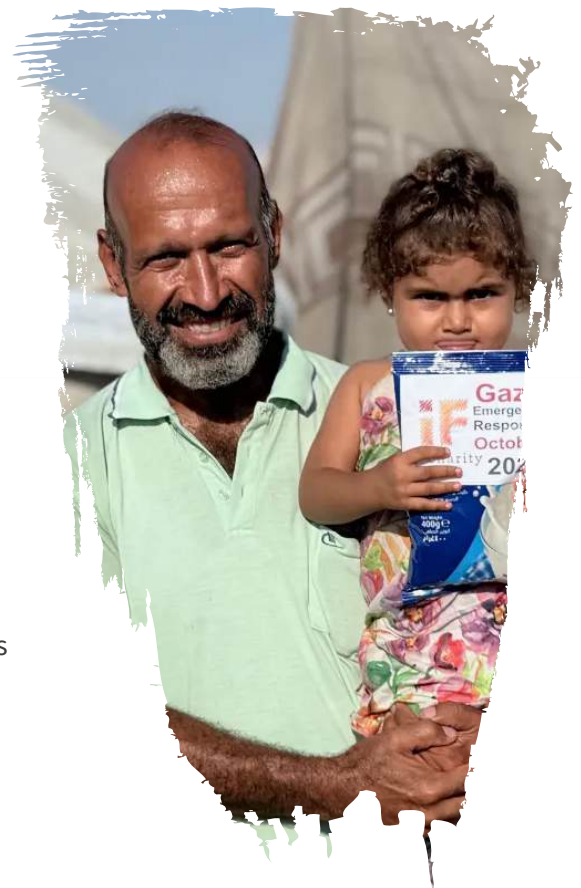
# Milk Distribution

In the face of Gaza's ongoing crisis, where essential supplies remain critically low, our field team distributed milk to displaced families across several areas of central and southern Gaza. For many, it was the first time in months that they had access to this essential source of nutrition.

Each family received one pack of milk, a modest but vital provision that supports the health of children, mothers, and the elderly.

With malnutrition on the rise – particularly among infants – our current redoubling of efforts in distributing food across Gaza aims to restore a sense of stability and nourishment to those who have endured months without access to food.

As Gaza continues to experience widespread destruction and famine-like conditions, simple items like milk have become precious lifelines. Over the past few months, your generosity has allowed us to reach hundreds of families who rely on these basic but essential distributions for survival.





OCTOBER 2025

# Gaza Child Sponsorship Payments Bring Hope and Smiles

Our field team in Gaza successfully completed sponsorship payment distribution in October 2025, ensuring that sponsored children received their financial support safely and with dignity. Despite immense logistical challenges and the ongoing large-scale displacement of our registered beneficiaries, we reached dozens of the children under our care.

Financial payments under our Child Sponsorship programme were delayed this year, with much of our efforts going towards distributing what little food and medical aid we could source from within Gaza.

Following the distribution, we hosted small activities designed to bring moments of joy and normality. The children took part in games, face painting, and group activities – a rare opportunity to smile and play amid the hardship.

These gatherings remind us that every child deserves safety, care, and a chance to dream.

At a time when over half of Gaza's children are displaced and struggling to access education, your sponsorship provides a vital sense of stability. It covers their most urgent needs and helps them hold on to hope for a brighter future.



iF charity

GAZA | 20  
CHILD | 25  
SPONSORS

GAZA  
CHILD  
Sponsorship  
First payment  
20  
25  
iF  
iF charity



SEPTEMBER 2025

# Nappies for Gaza's Youngest Survivors

In Gaza, basic items like milk (baby formula) and nappies have become rare commodities. For infants and toddlers, this crisis is worse than for adults: new to the world, yet struggling for survival and dignity, with no understanding why.

In September 2025, thanks to your incredible support, IF Charity distributed essential supplies directly to families with young children.

We prioritised families with infants under two years old, many of whom had gone weeks without proper milk substitutes or clean nappies. The distributions took place in displacement camps across central Gaza, where health and sanitation challenges are worsening by the day.

Every tin of baby formula, every pack of nappies, represents protection for a child – preventing malnutrition, infections, and distress. Your support continues to bring comfort and compassion to the most vulnerable.



OCTOBER 2025

# Hampers for the Injured Children of Gaza, Bringing Smiles

With aid corridors opening in October 2025, we were able to increase our work on the ground in Gaza: distributing dozens of hampers to injured and displaced children across Gaza.

Each hamper was carefully prepared with nourishing items such as cornflakes, noodles, milk, cream, biscuits, pineapple, corn, and popcorn. Small but meaningful gifts designed to lift spirits and provide relief.

Our team in Gaza visited shelters, hospitals and field clinics to hand out the hampers to the children of Gaza. For the children, it was a rare moment of joy amid the destruction. A reminder that they are seen, valued, and loved.

Smiles returned, even if just for a moment, to faces that have endured far too much loss. With much of Gaza in ruins and medical facilities overwhelmed, aid distributions like this play an essential role in supporting children's well-being. They offer not just nutrition, but care, comfort, and dignity.





SEPTEMBER 2025

# Kitchens of Hope

After weeks of hardship and hunger, the sound of cooking has returned to Gaza's emergency kitchens in September 2025. Thanks to your continued support, IF Charity resumed preparing and distributing hot meals to displaced families. In a time where food is scarce and fresh cooking almost impossible, this act brought dignity, warmth, and a sense of home.

Our team worked tirelessly in September 2025 to source ingredients and set up safe meal distribution points. For many families, this is the first freshly prepared meal they had in weeks. Children queued with small bowls, eyes wide with anticipation. Mothers expressed relief knowing they can serve their families something warm, no matter how modest.

As northern Gaza remained in the grip of confirmed famine, and food insecurity deepened across Deir al-Balah and Khan Younis, these meals were more than nourishment. They were a reminder that the world still cares.



SEPTEMBER 2025

# Distributing Food Parcels

As humanitarian crossings remained severely restricted and food supplies were choked, IF Charity was able to distribute vital food parcels in September 2025 across parts of Gaza. Your support provided essential staples like lentils, rice, oil, tahini, yeast, and olive oil. It helped to restore hope and health to families who have faced months of hunger.

Our field teams worked under intense pressure and security constraints to reach those in desperate need. These parcels meant a family prepared their own meals again, offering not only sustenance but a sense of agency in a situation that often feels powerless.

With every delivery, we saw the gratitude of parents and the smiles of children, finally able to eat something familiar. In a place where over 70% of the population faces crisis-level hunger or worse, your donations are keeping families afloat.





AUGUST 2025

# Education Reborn at Al-Irfan School

Even in war, education must go on. In August 2025, IF Charity completed the latest project of our Education Reborn programme at Al-Irfan School in Gaza.

With your help, we restored water, sanitation and support systems that are critical for children to return to safe and stable learning environments. We installed a new 500-litre water tank to ensure clean drinking water, refurbished the school's bathroom facilities, and provided modest cash incentives to teachers to support ongoing classes despite the hardship.

In Gaza, where more than half of all school buildings have suffered damage, these small interventions mean the world.

Education and schooling projects like this help children reclaim their sense of normality. With access to safe toilets, clean drinking water, and dedicated teachers, we are planting the seeds of recovery.







**AUGUST 2025**

# Food Parcels and Meal Distributions

In the five long months up to August 2025, the people of Gaza have endured extreme hunger and unimaginable hardship. With little to no aid entering the region, families have been forced to survive on almost nothing. Kitchens fell silent, markets were empty, and mothers were left with nothing to offer their children but prayers.

In August 2025, thanks to your unwavering support, IF Charity was able to deliver critical food assistance to hundreds of Gaza's most vulnerable people. Our field teams acted swiftly, sourcing supplies from the few distributors who had received limited aid deliveries this week.

From this, we prepared and distributed food parcels to displaced families; many of whom had not received help in months. These parcels are a lifeline for families on the brink.

Alongside this, we were finally able to reopen our communal kitchens. With basic ingredients now in hand, our team began preparing and distributing hot meals once again. This marked the first time in weeks that many children and elderly people were able to eat a freshly cooked meal. For families who have endured such relentless hardship, these meals brought a small but powerful sense of normality.

The need on the ground remains staggering. According to the United Nations in August 2025, famine was already occurring in northern Gaza and was expected to spread to other areas, including Deir al-Balah and Khan Younis, by the end of September. The latest analysis showed that **every single person in Gaza is facing some level of acute food insecurity<sup>[1]</sup>. More than one-third of the population is now experiencing catastrophic levels of hunger.**

In August 2025 UN agencies have also reported that **over 2,000 people – many of them young men and boys – have lost their lives while trying to reach aid distribution points<sup>[1]</sup>**. Others have died along convoy routes, desperately searching for food. Despite the risks, families continue to seek whatever help they can find. And this is why the safe and fair distribution of aid, by organisations like IF Charity, is important.

[1. www.ochaopt.org/content/humanitarian-situation-update-317-gaza-strip](http://www.ochaopt.org/content/humanitarian-situation-update-317-gaza-strip)





MAY-JUNE 2025

# Highlights From Our Emergency Food Response

In June 2025, Gaza was facing one of the most severe humanitarian crises in recent memory. Widespread food scarcity, repeated displacement, countless losses of life, and the total collapse of essential infrastructure had left the population in urgent need of food, clean water, and basic hygiene supplies.

Due to the repeated closure of crossings and restrictions on humanitarian access, very little aid entered Gaza. When trucks did make it through, armed gangs looted many before they even reached the refugees. And those trucks that made it through to refugees often faced chaos on arrival, with desperate people rushing for the supplies out of sheer need. Food prices soared, and access to bread, fresh produce, or meat was severely limited. For most families, hunger became a daily reality.

In response to this growing crisis, IF Charity continued to deliver targeted, life-saving food assistance across Gaza. With teams on the ground working in extreme conditions, we were able to roll out several food aid distributions in May and June 2025.

## Hot Meals for Displaced Families

Since the start of the current war in October 2023, our team prepared and distributed thousands of hot meals to displaced families across Gaza. Cooked in local field kitchens, these meals offered immediate relief to people living in overcrowded shelters and makeshift tents.

Many of those who received hot meals had not eaten properly in days. Children, in particular, were suffering from malnutrition, and access to something warm and nourishing made a real difference in easing their hunger.

## Food Parcels for Longer-term Sustenance

To complement our hot meal distributions, we also delivered food parcels designed to sustain families for several days. Each parcel included essential dry goods like rice, flour, lentils, and canned items – basic staples that were out of reach for many families due to the collapse of Gaza’s food supply chain.

These distributions were vital for displaced communities cut off from markets and unable to cook for themselves. They provided not only nourishment but a small sense of security in an otherwise uncertain time.

## Hygiene Aid for Vulnerable Children

Alongside food distributions, IF Charity supported Gaza’s children and families with vital hygiene supplies.

In May 2025, we delivered nappies (diapers) to families struggling to care for their youngest in the most difficult conditions. Without access to clean water or safe washing facilities, items like diapers became a critical need for parents trying to protect their children’s health and dignity.





MAY-JUNE 2025

# Education Reborn: Bringing Hope Back to Gaza's Children

Gaza's children faced a crisis that extended beyond displacement and hunger. With hundreds of schools damaged or destroyed, access to education was severely disrupted. For those living in overcrowded shelters and makeshift camps, there were few safe spaces left for learning or play.

Since the war began in late 2023, more than 1.7 million people had been displaced. Children had witnessed widespread destruction, loss, and fear. This experience had a deep psychological impact, particularly among those who had lost family members or homes. The lack of routine, structure, and community only added to the trauma.

In May 2025, as part of our Education Aid programme in Gaza, our team provided educational resources and support for temporary learning spaces in tented camps. These makeshift schools were set up to provide basic education and structure for displaced children.

We distributed stationery supplies, including notebooks, pens, and whiteboards, and provided local teachers with financial incentives to continue teaching under extremely challenging conditions. The goal was to help maintain learning continuity and create a stable environment for children who had been uprooted from their schools.

Classroom settings offered more than education. They helped children rebuild social connections and establish a sense of structure. Being in a group, following a routine, and interacting with peers could reduce isolation and support psychological recovery. Even limited educational activity helped reintroduce a sense of normality to a child's day.

In Gaza, where children had seen far too much, the classroom became a place to rebuild.





MAY 2025

# Qurbani & Eid Gifts for Palestine

In a year marked by trauma, loss, and displacement, the children of Gaza endured more than most adults ever faced. Many were forced from their homes, and lived in crowded tent camps with little privacy or comfort. They heard the sound of bombs and gunfire, witnessed the destruction of their neighbourhoods, and mourned the loss of loved ones.

In the middle of this hardship, Eid al-Adha arrived. For most children in Gaza, there was little to celebrate – yet traditions still mattered. One of the most cherished among them was receiving new clothes for Eid.

Through the generous support of our donors, IF Charity was able to deliver new Eid clothes and gifts to displaced children living in Gaza's refugee camps. Children selected their own outfits, choosing colours and styles that made them feel special again, even if just for a moment.

For families who lost everything, this simple act offered dignity. For the children, it brought smiles, laughter, and a much-needed sense of normality.

These distributions helped show the children of Gaza that they were not forgotten. That even in the darkest of times, someone cared. That Eid could still mean something joyful.

During Eid ul-Adha 2026, your Qurbani brought nourishment, dignity, and joy to families in Gaza; even amid siege and starvation. With Gaza's livestock decimated and humanitarian access severely restricted, tinned Qurbani meat was the most practical option.

Due to the ongoing blockade and the relentless attack on Gaza since October 2023, Gaza's food system had collapsed. Livestock – once central to local Qurbani – had all but vanished. In recent months, most animals were consumed for survival, as families faced acute hunger. Then, with borders sealed, it became nearly impossible to import new animals for local sacrifice.

Electricity remained scarce. Fuel was limited. And refrigeration was unreliable at best. Fresh meat, even when available, spoiled quickly, leaving families at risk. That was why IF Charity turned to tinned Qurbani meat: safe, long-lasting, and ready to eat.

These cans provided nutritious protein that could sustain families not just for a day, but for weeks or even months. And for displaced households without access to kitchens or clean water, they were a life-saving solution.

We did, however, perform some sacrifices in the Gaza Strip. These were extremely costly, but ensured fresh meat could be delivered on the days of Eid. This allowed supporters to donate a 2kg meat parcel.

Your Qurbani was performed with care and reverence. We carried out sacrifices during the days of Eid in India and Australia, where thousands of cows were slaughtered according to Islamic guidelines. The meat was then processed, sealed in tins, and shipped via Jordan directly into Gaza.

This was a Shariah-compliant Qurbani – fulfilling your religious duty while ensuring your sacrifice reached those who needed it most.

IF Charity staff worked inside Gaza, coordinating with local partners to ensure timely and dignified distribution. Despite the dangers, we delivered food, water, medicine, and all other forms of aid to shelters, orphanages, and communities cut off from aid. Much of this aid was sourced locally or flowed in very slowly across the borders.





MAY 2025

# Restoring Hope, One Drop at a Time: Repairing Desalination

In Gaza, clean water became one of the most urgent and devastatingly scarce resources. Multiple desalination and wastewater treatment plants across Gaza had been damaged or destroyed. The lack of fuel, electricity, and spare parts further crippled existing facilities.

Even before October 2023, years of blockade, bombing, and infrastructure collapse had left most of Gaza's population without regular access to safe drinking water. According to the UN, most of Gaza's water was unfit for human consumption – a crisis compounded by the marked increase in destruction of pipelines, treatment facilities, and desalination plants in recent months.

Waterborne diseases were on the rise, hygiene deteriorated, and families were forced to rely on expensive or unsafe alternatives. For children, the elderly, and those with medical needs, the consequences were life-threatening. And, generally, with summer temperatures rising, water demand became critical, yet the supply remained alarmingly low.

In response to this escalating crisis, iF Charity launched critical interventions to restore access to clean water: working local engineers to repair and maintain a small but vital desalination unit. The plant, situated within an orphanage, was made operational again, providing clean, drinkable water for the orphanage itself and the surrounding neighbourhood.

This meant that over 1,000 people – including Gaza’s vulnerable children – had daily access to safe water.

This effort, to repair and maintain the few remaining desalination plants, was in addition to our efforts to supply fresh water, via tankers, to families and communities in Gaza.



**GAZA  
EMERGENCY  
RESPONSE  
2025**

**Water Desalination  
Plant Maintenance**



**iF charity**



MARCH-APRIL 2025

# Ramadan 2025: How Vouchers Empower Families in Gaza

In the face of extreme hardship, dignity could be a luxury. But at IF Charity, we believed in helping people with dignity, even in crisis.

During Ramadan 2025, your support enabled us to expand our Food Voucher programme – a more empowering way to deliver aid. Instead of handing out pre-packed food parcels, we gave displaced families in Gaza personalised vouchers, redeemable at local shops. Families were able to walk in, choose what they needed most, and check out as any customer would.

It was a simple act – the act of choice – but it meant everything.

## Why Vouchers?

In Gaza, every family's needs are different. While one household may need rice and flour, another may urgently require baby formula, oil, or hygiene items. Pre-packed parcels, which are good for mass distribution, cannot account for these individual needs. By distributing vouchers:

- Families retain control over what they receive as aid
- The process is faster, more flexible, and more respectful
- We support the local economy by partnering with trusted shops

Our teams worked closely with shopkeepers and community leaders to register families and distribute vouchers directly outside the stores. ID checks ensured that every voucher reached the intended household. The result was smoother, safer aid distribution – and most importantly, restored dignity for those receiving it.





MARCH-APRIL 2025

# Ramadan 2025: Eid Clothes Gave A Reason To Smile

Wearing new clothes on Eid was a tradition for Muslims across the world, but in Gaza, new clothes for children simply were not a priority for the families living in tents.

With the support of donors like you, we provided clothing vouchers to vulnerable children across Gaza. For many, this was the only new outfit they received all year.

In crowded areas scarred by displacement and grief, we witnessed moments of joy — children chose their Eid clothes with care, pride, and excitement. These moments mattered. They brought back a sense of normalcy and celebration, especially for Gaza's youngest. Thanks to your generosity, thousands of families marked Ramadan and Eid with greater dignity, comfort, and joy





MARCH-APRIL 2025

# Ramadan 2025: Feeding the Fasting

Ramadan is a time of reflection, gratitude, and generosity. It is a month that reminds us of our duty to help those in need, especially our brothers and sisters in Gaza, where families face immense hardship.

In Ramadan 2025, you took the opportunity to make a real difference. Whether by feeding the hungry, providing clean water, or supporting traumatised children, your generosity can bring comfort and relief to those who need it most.

## **The Reality In Gaza: Hunger, Hardship, and Resilience**

For families in Gaza, daily life is marked by uncertainty. Many struggle to find enough food to break their fast, while access to clean water remains a constant challenge. Children who have experienced unimaginable trauma are in desperate need of psychological support to help them heal. Yet, despite these hardships, the spirit of Ramadan continues to shine in Gaza. Communities come together, sharing their little and holding on to hope for a better future.

Your support during Ramadan helped sustain this hope. You provided life- saving essentials through IF Charity to those who most need it.

## You Provided Nourishment

Fasting in Ramadan teaches us the value of food and reminds us of the struggles of those who go hungry. In Gaza, countless families face severe food insecurity.

By donating towards meals and food aid, you ensured that families had the nourishment they needed during this blessed month. In Ramadan 2025 your **£4 Hot Meal donation** provided a hot, nutritious iftar meal to someone in Gaza.

**£110 fed an entire community** with a large pot of cooked rice, vegetables, and lentils.

Your donations of **£600** gave families the joy of a hearty meal by providing a large pot of cooked rice with meat or chicken, enough to feed a community. Your donation filled empty stomachs and brought warmth and comfort to those struggling to find food.

## You Helped Families Directly

Some donors supported a specific family, ensuring they have the basic necessities for the month of Ramadan and beyond. **A £45 Vegetable Parcel** provided a family with a nutritious parcel of fresh vegetables, helping them prepare meals throughout Ramadan.

Your donations of **£160 for Water Aid** ensured a family had clean drinking water for a year by refilling their water tank. Clean water is a necessity, yet many in Gaza have to go without it. Your donation helped a family stay hydrated and healthy.

War and conflict have left deep scars on Gaza's children. Your donation of **£30 for Child Trauma Support** provides a child with a specialist trauma support session, helping them cope with the emotional and psychological impact of war.



JANUARY–DECEMBER 2024

# Financial Summary Report 2024

During the year ending 31 December 2024, the charity disbursed a total of **£1,864,405** in the field to deliver humanitarian assistance and livelihood support, primarily to internally displaced populations (IDPs) in Gaza. In response to the severe humanitarian crisis arising from the war, the charity's activities focused on two principal funds: Gaza Relief Programme & Community Support Programme.

## Gaza Relief Programme

Total expenditure under this programme amounted to **£1,547,650**, primarily directed towards child sponsorships and their families. These grants supported children and their families, providing financial assistance to purchase food, clothing, and essential items. This support was vital in mitigating the economic hardship faced by families affected by the destruction of homes, loss of livelihoods, and the collapse of essential infrastructure.

## Food and Nutrition Assistance

To address acute food shortages among displaced families in southern Gaza, **£4,946** was spent on the packaging and distribution of food parcels. These parcels ensured access to essential nutrition and reduced the risk of hunger among IDPs. In addition, **£4,464** was allocated to the distribution of vegetable baskets to promote healthy nutrition among children, the elderly, and vulnerable families. These baskets provided a variety of fresh produce during a period when nutritious food was scarce and unaffordable.

## Ramadan and Qurbani 2024

As part of the Gaza Relief Programme, the charity implemented emergency Ramadan distributions benefiting 3,353 families. A total of 2,338 families received comprehensive food parcels, and a further 1,015 families received vegetable baskets containing essential fresh produce, including tomatoes, eggplants, cucumbers, lemons, peppers, and onions. In total, approximately 16,765 individuals benefited from Ramadan assistance, alleviating severe food insecurity and providing relief to families facing extreme economic hardship. As part of the Eid-al-Adha campaign we allocated **£97,814** for the performing of Qurbani and the delivery of canned meat in Gaza.

## Safe Water

In 2024, the charity allocated **£54,776** towards the provision of clean fresh water to displaced persons and vulnerable families to support hygiene, health and disease prevention in Deir Al Balah, central Gaza.

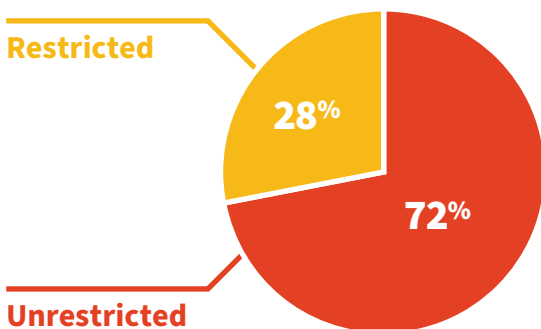
## Community Support Programme

Under this programme, a total of **£316,755** was expended to promote long-term livelihood development and community resilience. Activities included capacity-building and job creation initiatives designed to generate sustainable employment opportunities and strengthen the local economy.

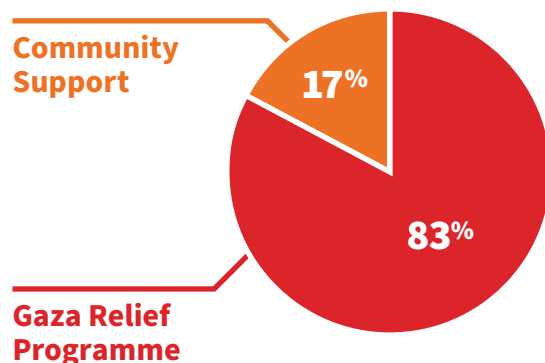
## Financial Review 2024

During the year, the charity received a total income of **£2,997,093 (2023: £2,648,923)**. Of the total funds received, **£838,832** of the funds was restricted and **£2,158,261** was received as unrestricted funds. The total funds expended amounted to **£2,158,664 (2023: £2,088,464)**. This includes the sum of **£1,864,405 (2023: £1,872,361)** expended on charitable activities, representing **86%** of the total expenditure. A total amount of **£1,547,650** was expended for the Gaza Relief Programme (which is **83%** of charitable spending) and **£316,755 (17%** of total charitable spending) for the Community Support Programme. The cost of raising funds amounted to **£294,259 (2023: £216,103)**, which is **10%** of the total income. The total amount carried forward to be expended in the following year as part of the restricted funds amounted to **£632,602**. The unrestricted amount carried forward amounted to **£1,822,348**.

### Type of Income



### Charitable Expenditure Split



## Note on 2025 Financial Report

The 2025 financial report will be finalised in October 2026 and after an external audit will be released publicly on 1st November 2026.





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**Thank you for your  
ongoing support.**



iF charity